

# Course Schedule

August 2025 - June 2026



	STUDIO A		STUDIO B		STUDIO C		STUDIO D	
M	4:30-5:30 P		4:30-5:30 P	Level 2/3 Choreo & Comp	4:30-5:30 P	Level 2 Hip Hop	4:30-5:30 P	Level 3 Leaps & Turns
	5:00-6:00 P	Level 1 Company			5:30-6:00 P	Dinner Break	5:30-6:00 P	PBT
	6:00-7:00 P	Teen Hip Hop	6:00-7:00 P	Level 1 Repertoire	6:00-7:30 P	Level 2 Ballet Rep	6:00-7:30 P	Level 3 Ballet Rep
	7:30-8:30 P	Level 2A Jazz	7:00-8:00 P	Level 1 Hip Hop	7:30-8:30 P	Level 2B Jazz	7:30-8:30 P	Level 3A/B Contemporary

	STUDIO A		STUDIO B		STUDIO C		STUDIO D	
Tu	4:30-5:30 P	Level 2 Leaps & Turns	4:30-5:00 P	Level 1 PBT	4:30-5:30 P	Level 3 Hip Hop	4:30-5:30 P	
	5:30-6:00 P	Dinner Break	5:00-6:00 P	Level 1A Tap	5:00-6:00 P	Level 1B Ballet	5:30-6:00 P	PBT
	6:00-7:30 P	Level 2B Ballet	6:00-7:00 P	Level 1 Lyrical	6:00-7:30 P	Level 2A Ballet	6:00-7:30 P	Level 3 Company
	7:30-8:30 P	Level 2A Contemporary	7:00-7:30 P	Level 1 Leaps & Turns	7:30-8:30 P	Level 2B Contemporary	7:30-8:30 P	Level 3 Lyrical

	STUDIO A		STUDIO B		STUDIO C		STUDIO D	
W	4:30-5:30 P				5:00-6:00 P	Pre Combo	5:00-6:00 P	Beg Combo
	5:30-6:00 P		6:30-7:15 P	Adv Combo - Ballet	6:00-6:30 P	Pre Tumbling	6:00-6:30 P	Beg Tumbling
	6:00-7:30 P		7:15-7:45 P	Adv Combo - Jazz	6:30-7:30 P	Beg Combo		
	7:30-8:30 P		7:45-8:15 P	Adv Combo - Tap				

	STUDIO A		STUDIO B		STUDIO C		STUDIO D	
Th	4:30-5:30 P	Musical Theatre 2/3	5:00-5:30 P	Teen Jazz	4:30-5:30 P	Musical Theatre 1	4:30-5:30 P	
	5:30-6:00 P		5:30-6:00 P	Teen Tap	5:30-6:00 P	Dinner Break	5:30-6:00 P	PBT
	6:00-7:30 P	Level 2 Company	6:00-6:30 P	Teen Ballet	6:00-7:30 P	Level 3B Ballet	6:00-7:30 P	Level 3A Ballet
	7:30-8:30 P	Level 2A Lyrical	6:30-7:00 P	Adv Combo - Tap	7:30-8:30 P	Level 2B Lyrical	7:30-8:30 P	Level 3 A/B Jazz
			7:00-7:30 P	Adv Combo - Jazz				
			7:30-8:15 P	Adv Combo - Ballet				

	STUDIO A		STUDIO B		STUDIO C		STUDIO D	
F	4:30-5:30 P	Level 2A / B Tap	5:00-5:30 P	Level 1 PBT	4:30-5:30 P	AcroStunts	4:30-5:30 P	Level 3 A/B Tap
	5:30-6:00 P	Dinner Break	5:30-6:30 P	Level 1B Tap	5:30-6:30 P	Level 1A Ballet	5:30-6:00 P	PBT
	6:00-7:30 P	Level 2 Ballet Technique	6:30-7:30 P	Level 1A Jazz	6:30-7:30 P	Level 1B Jazz	6:00-7:30 P	Level 3 Ballet Technique
	7:30-8:30 P	Boys Technique	7:30-8:00 P	Pre/ Beg Pointe	7:30-8:30 P	Int Pointe	7:30-8:30 P	Adv Pointe

	STUDIO A		STUDIO B		STUDIO C		STUDIO D	
Sa			9:00-9:30 A	Pre/Beg Tumbling	9:00-9:30 A	PBT		
	9:30-11:00 A	Ballet Technique 3	9:30-10:30 A	Pre/Beg Combo	9:30-11:00 A	Ballet Technique 2	10:00-11:00 A	Basic Tumbling
	11:00 A-12:00 P	Beg Pointe	10:30-11:15 A	Beg Musical Theatre	11:00 A-12:00 P	Int/Adv Pointe	11:00 A-12:00 P	Intermediate Tumbling
	12:00-1:00 P	Baton Beginning	11:15-12:15 P				12:00-1:00 P	Advanced Tumbling
	1:00-2:00 P	Baton Int/Adv	12:15-12:45 P		1:00-2:00 P	Circus Arts	1:00-2:00 P	Contortion
	2:00-3:00 P	Baton Int/Adv					2:00-3:00 P	Specialty Workshop

## New This Year:

- **Ballet and Pointe Classes Offered on Saturdays** (Levels 2 and 3 only)
  - Pre-Professional students can choose to attend class on Friday OR Saturday
- **Level 1 Progressing Ballet Technique (PBT):** This dynamic and interactive class uses targeted strengthening exercises and muscle memory to build proper alignment and technique in young dancers. Students are sure to accelerate their progress across all dance styles—not just ballet. Outside of being extremely beneficial, the class is short and fun!
- **Choreography and Composition:** Taught by Mr. Will, this class guides students through the full creative process—envisioning, crafting, and refining original choreography from concept to performance-ready piece.
- **Teen Hip Hop:** This new hip hop class is specifically targeted for students ages 12 and up.
- **Boys Technique:** Held during the Friday evening pointe block, this class focuses on advanced technical training tailored specifically for male dancers. At times, it may merge with intermediate and/or advanced pointe classes to develop partnering skills.
- **Teen Ballet, Tap, and Jazz:** This class is designed for older dancers who are new to dance. It teaches the foundational skills needed for each of these disciplines- a great addition to musical theatre.
- **Circus Arts:** Learn the basics of Juggling, Lyra, Spinning Plates, Diabolo, and more in this comprehensive course that introduces students to the world of circus performance.
- **Level 1 Company:** Designed for Level 1 students in the Pre-Professional Program. The Pre-Professional program is great for students who are seeking a more immersive training experience, it offers a structured schedule and the opportunity to perform at community events alongside our upper-level dancers.